

Professor Chris Gray

Medical Director

Cumbria and North East, NHS England

Chris joined NHSE as Medical Director in 2017 in his 35th year since graduating as a doctor from Newcastle University. He has worked as a practising clinician (Stroke Physician) and academic at Newcastle University in addition to a number of senior leadership roles including postgraduate dean and acute trust medical director.

He relishes a challenge and in his new role sees himself working in a new environment with commissioners, primary care and provider trusts to support the transformation needed to deliver the best possible healthcare now and into the future.

Ruth Holt RN, BSc (hons), DN cert, MBA, MSc

Director of Nursing/Independent Care Sector Regional Lead

NHS England (North)

Ruth is a Director of Nursing with experience in 3 large teaching trusts in the North of England and currently within NHS England. Ruth has experience of working at both a regional and national level.

Ruth is passionate about the development of nursing staff and the delivery of high quality care to people in their own homes and in hospital and care settings. In her current role Ruth is working with colleagues in the NHS and care sector to improve the quality of care, reduce admissions to hospital and delayed transfers of care.

Ruth is a trustee with Marie Curie, a Fellow of the Queen's Nursing Institute and a Florence Nightingale Scholar.